

December 6-8, 2023 | Maritime Conference Center | Baltimore, MD

Wednesday, December 6, 2023

6:30 am - 8:30 am	Breakfast
7:30 am	Registration
9:00 am - 10:30 am	Opening Session + Program Overview + Speak Out
10:30 am - 10:45 am	BREAK
10:45 am - 12:00 pm	Regional Breakouts
12:00 pm - 2:00 pm	Lunch + Announcements
2:00 pm - 2:45 pm	EXPO @ COSHCON
3:00 pm - 4:45 pm	Workshop Session 1
4:45 pm - 6:00 pm	Meet OSHA! Relationship Building Session
6:00 pm - 7:00 pm	Dinner
7:00 pm - 8:30 pm	Social Hour: Drinks + Mocktails



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Thursday, December 7, 2023

7:45 am - 8:30 am	Yoga Morning Session
6:30 am - 8:30 am	Breakfast
9:00 am - 10:30 am	Media Panel - Framing the Story: From Pitch to Publication
10:30 am - 10:45 am	Break
10:45 am - 12:30 pm	Workshop Session 2
12:30 pm - 2:30 pm	Lunch
2:30 pm - 3:15 pm	Expo @ COSHCON and Poster Exhibit
3:15 pm - 5:00 pm	Workshop Session 3
7:00 pm - 9:00 pm	Dinner and Awards BanquetMusic and Dancing! 🎉

Friday, December 8, 2023

7:45 am - 8:30 am	Yoga Morning Session
6:30 am - 8:30 am	Breakfast
9:00 am - 10:45 am	Workshop Session 4
10:45 am - 11:00 am	Break
11:00am - 12:00 pm	Roundtables
12:00 pm - 2:00 pm	Lunch Closing Session