

# COSHCON2023

NATIONAL CONFERENCE ON WORKER SAFETY & HEALTH · CONFERENCIA NACIONAL DE SALUD Y SEGURIDAD DE TRABAJADORES

December 6-8, 2023 | Maritime Conference Center | Baltimore, MD

## Wednesday, December 6, 2023

6:30 am - 8:30 am	Breakfast
7:30 am	Registration
9:00 am - 10:30 am	Opening Session ♦ Program Overview ♦ Speak Out
10:30 am - 10:45 am	BREAK
10:45 am - 12:30 pm	Workshop Session 1 - Regional groups: <i>The Power of Workplace Health and Safety Rights</i>
12:30 pm - 2:00 pm	Lunch ♦ Announcements
2:00 pm - 2:45 pm	EXPO @ COSHCON
2:15 pm - 2:45 pm	Self-Care Session
3:00 pm - 4:30 pm	Workshop Session 2 Breakouts
4:30 pm - 4:45 pm	Break
4:45 pm - 6:00 pm	Meet Your OSHA Labor Liaison
5:00 pm - 6:30 pm	Dinner
7:00 pm - 8:30 pm	Social Hour: Hot Chocolate Bar ♦ Drinks ♦ Mocktails

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## Thursday, December 7, 2023

7:45 am - 8:30 am	Yoga Morning Session
6:30 am - 8:30 am	Breakfast
9:00 am - 10:30 am	Media Panel
10:30 am - 10:45 am	Break
10:45 am - 12:30 pm	Workshop Session 3 Breakouts
12:30 pm - 2:30 pm	Lunch ♦ Featured Keynote Speaker or Panel
2:30 pm - 3:15 pm	Expo and Poster Exhibit
3:15 pm - 5:00 pm	Workshop Session 4 Breakouts
7:00 pm - 9:00 pm	Dinner and Awards Banquet....Music and Dancing! 🎉

## Friday, December 8, 2023

7:45 am - 8:30 am	Yoga Morning Session
6:30 am - 8:30 am	Breakfast
9:00 am - 12:00 pm	Program - Workshops- Learning Circles
12:00 pm - 2:00 pm	Lunch ♦ Closing Session